



Medizinische Fakultät Carl Gustav Carus | Bereich Prävention und Versorgung des Diabetes

TU Dresden, Medizinische Fakultät, Fetscherstraße 74, 01307 Dresden

## Dear to whom it may concern

I hope this letter finds you in good health and high spirits. I am writing to you on behalf of the International Diabetes Federation (IDF), a global organization dedicated to promoting diabetes care, prevention, and a better quality of life for people with diabetes worldwide.

I would like to express our sincere appreciation for the continued efforts of the Ministry of Health in addressing the healthcare needs of the nation. Our organization, IDF, is committed to raising awareness about diabetes, advocating for better access to care, and promoting effective management strategies for individuals with diabetes. In line with our objectives, we are writing to endorse diabetes as an independent medical specialty within the national healthcare system.

Diabetes is a global health challenge, affecting millions of people around the world. According to the latest data from the International Diabetes Federation Atlas Reports, approximately 463 million adults are currently living with diabetes, and this number is projected to rise to 700 million by 2045. Diabetes poses a significant burden on individuals, families, and healthcare systems, both in terms of morbidity and economic costs.

As a complex and multifaceted disease, diabetes requires specialized knowledge, skills, and expertise for its effective management and prevention of complications. The establishment of diabetes as an independent medical specialty provides several benefits such as:

1. Enhanced Patient Care: Having healthcare providers specialized in diabetes in the national healthcare system results in improved patient outcomes, reduced complications, and better overall quality of care for individuals with diabetes.

2. Focus on Research and Innovation: An independent medical specialty in diabetes encourages and supports research efforts, leading to advancements in treatment modalities, prevention strategies, and a better understanding of the disease's underlying mechanisms.

3. Efficient Resource Allocation: Specialized diabetes care teams and clinics are better equipped to address the specific needs of individuals with diabetes, leading to increased efficiency and cost-effectiveness in healthcare delivery.

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Education and Training: Diabetes as an independent medical specialty facilitates the de-4. velopment of standardized curricula and training programs for healthcare professionals, ultimately resulting in an expanded workforce capable of addressing the growing diabetes epidemic.

We believe that working in collaboration with the National Diabetes Society from your country for keeping diabetes as an independent medical specialty is not only in the best interest of people living with diabetes but also crucial for the overall well-being of the population. We are aiming to promote diabetes as an independent medical specialty in the rest of the European countries.

Thank you for your attention to this matter. We look forward to the opportunity to collaborate with the Ministry of Health in our mission to advance diabetes specialty in the EU.

Prof. Dr. med. habil. Peter E. H. Schwarz, MBA

Abteilung Prävention und Versorgung

Yours sincerely,

Lion

Sincerely yours

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